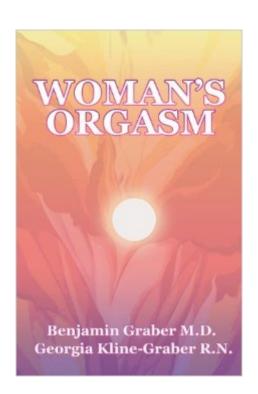
The book was found

Woman's Orgasm: A Guide To Sexual Satisfaction





Synopsis

Find out what millions of women who have read Woman's Orgasm have learned. Any woman can achieve orgasm and sexual satisfaction. Woman's Orgasm is an invaluable resource and self-help guide filled with illuminating information, referencing medical studies and research, including the psychological, historical, social, and cultural aspects of female sexuality and issues in obtaining orgasm. Much of the book is devoted to teaching proven methods and exercises that can help women learn to experience orgasm. The authors' comprehensive and focused guide provides many easy to follow step-by-step instructions, including an eleven-step program for achieving self-stimulating orgasm and a ten-step program for achieving orgasm with intercourse. Woman's Orgasm candidly teaches the physiological facts of woman's sexuality, and clearly tells her exactly how she can learn to reach total and consistent sexual fulfillment. The key word in this superbly practical and proven approach is: LEARN. As the authors have discovered in their work, as highly successful sex therapists, the key to the prevention of sexual dysfunction is adequate sex education. In this case knowledge really is power.

Book Information

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Religious Studies > Gender & Sexuality #282 in Books > Health, Fitness & Dieting > Sexual

Health > General

Customer Reviews

Everyone, male or female, should read this in order to educate themselves. As a conservative Christian, I can, in good faith, recommend this as a great teaching tool for husbands and wives, or soon to be spouses.

My sex life was good, however, it is becoming better and better and better! This book was worth the money I paid for it; it's an easy read, and also well written, in a very detailed manner. I am a better woman for reading this book! It is so refreshing to have several different options available pertaining to what stage your sex life is in right now. The research has been done, and the outcomes are reviewed in a very sensitive, but direct fashion in this read. I am very satisfied!

THIS IS A MUST READ BOOK FOR MEN AND WOMEN. MY WIFE IS A TOTAL SEXUAL ANIMAL AFTER READING THIS BOOK. WOW WHAT A CHANGE....WE BOTH LOVE HAVING SEX AGAIN.

Excellent, easy to read and easy to understand exercises. very helpful

Nothing new was presented. I was looking for something more specific.

So many sex books are sensational with a bunch of 'gimmicks' and 'tricks.' "Woman's Orgasm" is filled with scientific, practical advice that doesn't reduce sex to a series of how-to's.

This book did not offer real life advice. I suppose if two people lived in a vacuum the offered "therapies" might help. No where in its contents were the stresses of real life addressed.

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